

Shamanic Living Yearlong Training January 2016 – January 2017



After centuries of misunderstanding, Shamanism is taking its rightful place as one of the great spiritual systems for awakening, healing, and transforming our lives. Shamanism provides a pathway of hope and practical action, allowing us to build the inner resources and access sacred guidance that support us in becoming a positive and effective agent of change. It also helps us cultivate more alignment and a natural sense of sacred connection to the world around us. In short, Shamanism can bring us home to our highest self and assist humanity with transcending self-defeating patterns and fostering a soul-powered way of living on Mother Earth that truly benefits all.

This 13-months training is a Tree of Life initiation to living shamanically in our modern world. You will connect with the Ancestors of your own cultural background and lineage, assemble a medicine bundle of 13 power stones or power objects, learn self-healing rituals, connect with elementals and spirit guides, and more. At the end of this process you will have developed good working relationships with your guides and assembled the tools you need to answer the question “Why am I here?”, know your unique gifts and how you can bring them into the world.

Prerequisite: “Introduction to Shamanism and Shamanic Journeying”, a half-day workshop offered once a month on a Saturday afternoon, or equivalent shamanic journeying experience.

Value and commitment: In-person training is one full day each month for thirteen months. Self-study and practice assignments with unlimited email support. One phone or Skype support session per month, if needed. Reduced rate for shamanic healing sessions.

The cost for the yearlong training is \$1690 payable in advance.

Ulrike is a shamanic healer and teacher, initiated into an ancient North-European form of Shamanism, and Equine Guided Healing facilitator with a background in integrated bodywork, peer counselling, sexual healing, support group facilitation, Buddhist meditation, and Tantra.

